### First Presbyterian Church Together in Christ for all.



Ash Wednesday Service March 2nd at 7:00 pm together with First Baptist Church at First Baptist Church

#### Next Portfolio Deadline: March 14, 2022

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### **Upon Further Reflection**

#### **Back to Fasting during Lent?**

This March we mark two full years from the beginning of the Coronavirus pandemic. Looking back at the last two year's Portfolio articles, I didn't write anything about fasting or Lent. It just seemed like there were other things that needed more emphasis. But it seems like we may be on firmer footing this year. Are you ready to consider fasting during Lent?

Rooted in Jesus' 40 days of fasting in the desert, Christians have engaged in some form of fasting during Lent for hundreds of years. There's evidence of the practice as early as the year 203AD. If you are interested in fasting this year, here's a framework I use that I hope will be helpful for you.

**What is fasting?** Fasting is temporarily depriving ourselves of a good gift so that we are reminded of being dependent upon God rather than our usual comforts.

What can I fast from? Food is common – a certain meal or meals during the week, or a certain kind of food. But you can also fast from TV, or radio, or music, or games, internet, etc. Fasting is a reduction in anything you see as "a good gift."

Our fasting should promote reflection on our way of life as a whole: Do we live in a way that helps us discover the Kingdom of God, or do we live in a way that emphasizes the kingdoms of this world?

What should I be wary of? Don't fast from things that you already think are bad for you and want to quit doing. That's called, "repentance," and it should be seen as permanent, not temporary.

Don't stop fasting just because it's unpleasant or puts you in a bad mood. Bring that hard stuff right into God's presence and say, "Okay ... what's all this about, and where are you when I feel this way? Why do I depend on this so much to feel good?"

Don't think that you're better than people who don't fast the same way you do, or who don't fast at all. Fasting does not make us good people. It reminds us of how much we need God's grace and sustenance.

What if I don't want to give something up? Sometimes instead of fasting *from* an activity or enjoyable food, we can *take up* a new practice that points us toward God. That could include: Time for prayer. Poetry. Art. Journaling. Serving friends or neighbors or people in need. Seeking out the betterment of those who are being unfairly treated.

Whether you choose to fast or not this Lenten season, my prayer is that you will encounter God in new ways and be given strength for the journey of faith.

Pastor Matt Johnson

#### **Prayer Requests**

Contact Carley Bushart at 503-560-0183 or prayer@fpc-mac.org

# **Presbyterian Portfolio**

#### Sundays

#### Worship with Us

Join us on Sunday mornings at 10:30 am for worship in person or to watch the livestream. The service will be recorded and available on the website, fpc-mac.org, to view later.

Previous services are also available to view at your convenience and sermons are available on the website in written form. You can also contact the church office to have a copy of the sermon mailed to you each week.



Communion Sundays March 6th & 20th

#### **Adult Education Class**

After a February hiatus, Adult Ed classes will resume in March with a series on the New Testament epistles.

- On March 6th, Markita Price will discuss Paul's short letter to Philemon, which is, in a sense, a follow up to the January series on Liberation Theology, because it deals with an escaped slave.
- On March 13th, John and Wendy Sagers will introduce the Letter of James, probably the most controversial epistle in the New Testament since it questions the relation between faith and works. (Martin Luther, who disagreed with it, called it "an epistle of straw.")
- Then on March 20th, our friend from Newberg FPC, will discuss Ephesians, usually ascribed to Paul, which emphasizes the unity of the church despite its diverse make up.
- The series will conclude on March 27th with a presentation on Paul's letter to his long time friend and follower, Titus, who was then ministering to the Christian community in Crete.

Most of these epistles are short and you will probably get more out of the classes if you do some advance reading!

#### **Mission**

#### Coffee, Tea, Chocolate?

At the Fair Trade Market Cart, we carry a full range of coffee. From light blends to dark blends, whole bean to ground, or decaf if you prefer, one of our 10 blends will surely satisfy your coffee tastes.

Do you prefer tea over coffee? We have you covered there as well with 10 different types of tea, including black, green, and herbal.

Did somebody say Chocolate? We can satisfy your sweet tooth, or guilty pleasure, with 11 different kinds of chocolate bars ranging from milk chocolate to a very dark. Returning to the cart will be small bite sized milk and dark chocolate mini's for only 25 cents!

We've been able to maintain steady prices for quite some time, however our prices will be going up come March: 50 cents per bag of coffee and 25 cents per box of tea. Chocolate prices will remain the same.

The Fair Trade Market Cart is open on the second and fourth Sundays each month.

We hope to see you there!

#### **Narthex Gallery**



Now showing at the Narthex Gallery through March 31st "Water: Meta of Life" Paintings by Natasha Ramras



#### March

Katie Gonzales	1st
Holden McRae	4th
Nona Larson	13th
Liz Parker	13th
Rylan Moore	14th
Kate Satterstrom	14th
Dave Willis	15th
Maddy Blankenship	16th
Simon Steely	19th
Candice Cameron	20th
Sue Blum	22nd
Bob Sagers	23rd
Lori Hanson	24th





Pastor Matt will be on Study Leave Monday, March 21st - Sunday, March 27th. He will then be on vacation Monday, March 28th -Sunday, April 3rd.

Nancy MacDonald will be on vacation March 19th -April 3rd.

# All in the Family



#### March Prayer Calendar

"Devote yourself to prayer, being watchful and thankful." Colossians 4:2 Please lift each household name or group listed below in prayer on that day of the month.

- 1. Tom & Mary Norton
- 2. Betty Olson
- 3. Karen Olson
- 4. Janet Oswalt
- 5. Community Dinner
- 6. Susan Parish
- 7. Liz Parker
- 8. Deacons
- 9. Bob & Ardeth Parry
- 10. Zoe Pearson
- 11. Carla Peterson
- 12. Dave & Gudie Pfendler
- 13. Tony Pratt & Kirsten Lund
- 14. Markita Price
- 15. Steve Priebe
- 16. Session
- 17. Gay & Barb Pudlitzke
- 18. Duane & Carol Qualey
- 19. Marlene Radasch
- 20. Linda Ragland
- 21. Donna Reynolds
- 22. Jim Rogers
- 23. Astuti Rossner
- 24. Charlie & Shirley Saderholm
- 25. Bob Sagers
- 26. John & Wendy Sagers
- 27. Thomas Sagers
- 28. Kate Satterstrom
- 29. Lou Savage & Cheryl Seagren
- 30. Dave & Ardith Sears
- 31. Brian & Dianne Shea, Keller & Cate

#### Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Transfiguration Sunday 9:00 AM Membership Exploration Class 10:30 AM Worship 5:00 PM MYC Middle School Youth 6:00 PM MYC High School Youth	28 9:00 AM Monday Morning Maintenance 12:00 PM Oak Valley Bridge Club 2:30 PM SPT 7:00 PM Priscilla Circle	1 9:30 AM WITW Leadership 10:00 AM Staff Meeting 5:00 PM Building & Grounds Team	2 Ash Wednesday 8:30 AM Wednesday Morning Shelter (take out only) 10:00 AM Bible Study on Zoom 5:00 PM Stewardship, Budget & Finance Team on Zoom 5:30 PM Handbell Rehearsal 5:30 PM Women's AA Group 6:30 PM Choir Rehearsal 7:00 PM Ash Wednesday Service	3 9:30 AM Women in the Word 3:30 PM Mission Team	4 Office Closed Pastor's Sabbath Day World Day of Prayer 4:00 PM Creative Expressions	5 5:00 PM Community Dinner (take out only)
6 Communion 9:00 AM Adult Education on Zoom 10:30 AM Worship 5:00 PM MYC Middle School Youth 6:00 PM MYC High School Youth	7 9:00 AM Monday Morning Maintenance 12:00 PM Oak Valley Bridge Club 2:30 PM SPT 4:00 PM Creative Arts Team	8 9:30 AM WITW Leadership 10:00 AM Staff Meeting 4:00 PM Social Justice Book Club on Zoom 5:30 PM Kidventure 5:30 PM Sarah Circle 6:00 PM Deacons	9 8:30 AM Wednesday Morning Shelter (take out only) 10:00 AM Bible Study on Zoom 3:30 PM Worship & Music Ministry Team 5:30 PM Handbell Rehearsal 5:30 PM Women's AA Group	10 9:30 AM Women in the Word	11 Office Closed Pastor's Sabbath Day 5:00 PM MYC at Joysticks	12 5:00 PM Community Dinner (take out only)
13 Daylight-Saving Time Begins 9:00 AM Adult Education on Zoom 10:30 AM Worship 5:00 PM MYC Middle School Youth 6:00 PM MYC High School Youth	14 9:00 AM Monday Morning Maintenance 12:00 PM Oak Valley Bridge Club 2:30 PM SPT	15 9:30 AM WITW Leadership 10:00 AM Staff Meeting	16 Portfolio 8:30 AM Wednesday Morning Shelter (take out only) 9:30 AM Agape Circle 10:00 AM Bible Study on Zoom 1:30 PM Portfolio Crew 5:30 PM Handbell Rehearsal 5:30 PM Women's AA Group 6:30 PM Choir Rehearsal 7:00 PM Session	17 9:30 AM Women in the Word	18 Office Closed Pastor's Sabbath Day	19 Nancy on vacation 5:00 PM Community Dinner (take out only)
20 Communion Nancy on vacation 9:00 AM Adult Education on Zoom 10:30 AM Worship	21 Nancy on vacation Pastor Matt on Study Leave 9:00 AM Monday Morning Maintenance 12:00 PM Oak Valley Bridge Club 2:30 PM SPT	22 Nancy on vacation Pastor Matt on Study Leave 8:30 AM Earth Care Committee on Zoom 9:30 AM WITW Leadership	23 Nancy on vacation Pastor Matt on Study Leave 8:30 AM Wednesday Morning Shelter (take out only) 5:30 PM Handbell Rehearsal 5:30 PM Women's AA Group 6:30 PM Choir Rehearsal	24 Nancy on vacation Pastor Matt on Study Leave	25 Nancy on vacation Office Closed Pastor Matt on Study Leave	26 Nancy on vacation Pastor Matt on Study Leave 5:00 PM Community Dinner (take out only)
27 Nancy on vacation Pastor Matt on Study Leave 9:00 AM Adult Education on Zoom 10:30 AM Worship 5:00 PM MYC Middle School Youth 6:00 PM MYC High School Youth	28 Nancy on vacation Pastor Matt on vacation 9:00 AM Monday Morning Maintenance 12:00 PM Oak Valley Bridge Club 2:30 PM SPT 7:00 PM Priscilla Circle	29 Nancy on vacation Pastor Matt on vacation 9:30 AM WITW Leadership 10:00 AM Staff Meeting	30 Nancy on vacation Pastor Matt on vacation 8:30 AM Wednesday Morning Shelter (take out only) 5:30 PM Handbell Rehearsal 5:30 PM Women's AA Group 6:00 PM MYC Dinner 6:30 PM Choir Rehearsal	31 Nancy on vacation Pastor Matt on vacation 9:30 AM Women in the Word	1 Nancy on vacation Office Closed Pastor Matt on vacation 4:00 PM Creative Expressions	2 Nancy on vacation Pastor Matt on vacation 5:00 PM Community Dinner (take out only)

#### **Earth Care Corner**

#### **RECYCLE MORE! RECYCLE BETTER!** What Curbside Won't, We Will!

This is the motto of James Recycling. In conjunction with the Unitarian Universalist Fellowship, they are sponsoring a recycling event to be held on **JUNE 4th** at the fairgrounds. Some of the items they will take include: plastic bottle caps, bread clips, clear plastic clamshells & clear to-go containers, hot drink lids, and prescription pill bottles.

Check the James Recycling Portland website to see what to save. Just before the event you will need to sort into individual bags by categories. It costs \$3 to recycle each bag.

Using your own brown bag, sort into the following categories:

- Straws & Plastic Utensils
- Screw on caps & Contact lens blister packs
- Plastic breadclips, clear media containers and tape dispensers
- #1 PET plastic (Clear and no color only)
- #2 HDPE plastic
- #4 LDPE plastic
- #5 PP plastic
- #6 PS plastic

On Saturday, Feb. 12<sup>th</sup>, the first recycling event was held in McMinnville. Several FPC members recycled items. Because you sort and pay by bag, we each paid between \$12-\$20. Since we will be collecting longer this time it may be more expensive. It seems a bit counter intuitive because the more items you collect the more you pay. However, maybe this will heighten our awareness of packaging before we decide to purchase.

Also, we discovered that the James website says they take Styrofoam, but since Recology takes Styrofoam they will not take it at the McMinnville event. They take items that can't be recycled through Recology. Check whatbin.com, Yamhill County to see what Recology will recycle.

With that said, we support the effort to keep more items out of the landfill. Please consider collecting items for the June event. Thank you for caring for God's Earth.

#### Other Numbered Plastic Items

All other items must be marked with recycling numbers 2, 4, 5 or 6 and be sorted by number (ie place all #2 together, all #4 together, all #5 together, all #6 together) Put each number into a separate bag or container. Below are some examples of numbered plastics







pill bottles



#### **HOPE IN NUMBERS!**

International Earth Day is coming on April 22, 2022. It brings hope when we know others around the world care. FPC will celebrate on Sunday, April 24, **2022**. Stay tuned for more details in upcoming e-Newsletters and Portfolio articles.

#### **Nuts & Bolts**



FINANCIAL REPORT (Operating Fund)

<u>January</u> : Receipts: Expenses:	<u>Act</u> \$ 28,746 33,623		\$	<u>Budget</u> 28,625 8.3% 33,841 8.3%		
<u>Year to Date:</u> Receipts: \$ 28,746 8.3% \$ 28,625 8.3% Expenses: 33,623 8.3% 33,623 8.3%						

Receipts were both right on budget for the month. Any large prepayments toward commitments in January are spread evenly throughout the year. Expenses include the annual per capita payment.

Thank you for your continued support.

#### **Session Highlights**

Action taken and information items are summarized for the Portfolio monthly. Here are the highlights of the February 16th meeting:

- Pastor Matt will be on study leave March 21

   March 27, followed by one week of vacation from March 28 - April 3.
- 2. Jan Irish was elected as the Commissioner for the March 2022 Presbytery meeting.
- 3. The communion schedule was approved with communion being held on the 1st and 3rd Sunday of the month for the remainder of 2022. On Sundays when the pastor is gone, there will not be communion.
- A special session meeting will be held immediately following worship on February 27th for the purpose of receiving new members.



#### **Ongoing Activities**

#### creative expressions.

Creative Expressions is a time that is set aside each month for you to work on any project you wish. We meet the first Friday of each month from 4-8 pm. **We meet next on March 4th**.

Bring a brown bag dinner and drink if you like.



#### **Presbyterian Women**

Sarah Circle March 8th 5:30 pm Member's home

#### **Agape Circle**

March 16th 9:30 am Knox Room at the Church

**Priscilla Circle** March 28th 7:00 pm Hostess: Star Thomson Lesson #7: Ann Custer

#### Weekly Bible Study on Zoom Wednesdays at 10:00 am

A weekly Bible study, led by Pastor Matt, on the scripture reading for the following Sunday meets on Wednesday mornings at 10:00 am on Zoom. The link for the meeting can be found in the FPC Weekly E-News email.

#### Social Justice Book Club

Our next read will be *Four Hundred Souls*: Parts 1-3 by Ibram X. Kendi. We will meet on Tuesday, March 8th at 4pm on Zoom.

Contact Kate for more information or for the link to join the discussion.

# Children, Youth, & Family

## CHILDREN'S TIME

SUNDAY 10:30AM Children are invited to worship & will be excused to Children's Time

March 6: COMMUNION No Children's Time March 13: Romans March 20: 1 & 2 Corinthians March 27: Galatians

# McMinnville Youth Collective



March 6: Youth Group March II: Event: Joysticks March I3: Youth Group March 20: Spring Break March 27: Youth Group March 30: Dinner: 3rd St Pizza

First Presbyterian Church Youth Room Middle School: 5-6:30pm High School: 6-7:30pm





<u>Children's Time</u> We learned about the book of Acts, Paul's travels and Paul's time in prison.

#### <u>Kidventure</u>

We learned about Saul's call and transformation into Paul. We learned about Phillip and Dorcus. We also were excited to start eating dinner together again.

#### McMinnville Youth Collective

We talked about black history month and explored why representation matters. We also had fun bowling, cheering on our favorite teams at a Super Bowl Party, and meeting for dinner at Geraldi's.

