

PASTOR'S LETTER FOR DECEMBER 2021

Greetings Friends!

I cannot believe December is finally here! We are now in the season of Advent, the time when we wait with joyful hearts for our Lord and Savior's birth.

Our Advent Zoom Bible Study is meeting on Tuesday nights at 7pm. It is great to be in fellowship and grow in our faith together. We are studying Faithful: Christmas Through the Eyes of Joseph. We will examine Christmas through the eyes of Joseph and learn to accept and glorify God's will even when our situation makes it difficult to do so.

The best way to spread Christmas cheer is singing loud for all to hear! Join us for Christmas Caroling at 5:30pm on Sunday December 12. We will sing Christmas carols to church members. It will be a great time of fellowship and fun! We will meet at the church and caravan to the different houses. You might even see me dress up as a giant Christmas tree, but you have to join us to find out!

We will be having a Blue Christmas: a worship service of Wholeness and Healing will be on Sunday December 12 at 4:00pm. This service is for anyone who finds this season difficult. It is a space where we can lament and seek hope in the Advent story. We often feel singled out by the programmed happiness of "the most wonderful time of the year." But we are not alone. If you or a loved one is experiencing stress, sadness, or loss we invite you to join us. Come as you are and experience the hope in Jesus' birth.

Thanks to everyone who helps with our worship service. I am so very thankful for Ann Driver, Paul and Ann Riggs, Bob Tracy, Steve Springsted, Howard Gransee, Jane and Don Hesser, and Dan and Gayle Kaufeld. Thank you to our liturgists for the month of November: Sheryl Scholer, Diane Krejci, and Paul Pogalz. Thank you to all who helped with the Hanging of the Greens service including the readers: Larry Pedersen, Bob Tracy, Sue Alberts, and Ann Driver. Thank you to everyone who set up coffee and brought food for fellowship.

I hope you and your families will join us for our Christmas Eve service on Friday December 24 at 5:30pm. The Senior choir will offer the cantata, "The Glory of Christmas: Celebrating Christ's Birth" by Lloyd Larson.

My verse for us this month comes from Isaiah 40:3: A voice cries out: "In the wilderness prepare the way of the Lord, make straight in the desert a highway for our God." As we prepare our hearts and minds for the coming of Jesus Christ, let us live out our faith with love, hope, joy and peace this holiday season.

Merry Christmas! I am so grateful to be your pastor.

Grace and Peace,

Pastor Amanda





December 1	Ryan Jurgensen
December 2	Kaitlin Bexell
December 8	Audrey Erwin
December 12	Ruth Allen
December 14	Quinita Kase
December 15	Hilary Alberts
	Brice Gransee
December 16	Carl Brevig
	Siri Carlsen
December 17	Catherine Gruhn
December 19	Helene Yngsdal
December 21	Halie Abbott
	Aiden Erwin
December 23	Mitchell Gransee
	Carl Mittelstadt
December 25	Helen Leqve
	Brianna Pogalz
	Ellie Prenzlowl
December 29	Lisa Carlsen
	Casey Hesser
December 30	Mark Jurgensen
December 31	Peggy Engle



December 1 Steve & Kristy Johnson

Pray for our servicemen in the military.
 *Todd Livingston with the U.S. Air Force
 *Peyton Wilke with the US Marines.
 *Carol Prenzlowl - continuing rehabilitation.
 *Donna Dutton - for health and continued well being.
 *Grady Lundgren - as he continues treatment.
 Also, his family for continued strength
 *Ruth Allen - recovery from broken hip
 *Dale Allen - in hospice
 *Jim Stucky - recovery from surgery
 *Brevig Family - for continued strength



**December Session
 Meeting on
 December 9th at 6:00 PM**



Worship Committee

**Worship Committee
 Meeting on December
 5th after church.**

Church Information

Website: www.presbykasson.org
 Pastor email: presbypastor@kmtel.com
 Church email: presbykasson@kmtel.com
 Church Phone: 507-634-7481
 Pastor Phone - 507-218-2267

Pastor Office Hours Wednesday 9am-noon,
 and by appointment.

Secretary office hours

Wednesday & Friday 9am—noon

Sunday School 9:00 am

Worship 10:00 am



PW CORNER

Greetings all PW,

Well, here we are again making plans and perhaps shopping for the coming of Christmas. It is still November as I write this and the weather has been quite mild lately, so hopefully that will continue into December. If we could avoid having that white stuff on the ground until just before Christmas it would really be great!!

In the month of December the PW would have a luncheon at the church but we are not able to do that yet, so there will be a Christmas luncheon at the Hubbell House on Friday, December 10th. The time for that will be announced at a later date. A meeting was held on Wednesday, November 17th at which time the Thank Offering was taken and a program related to that offering was presented by Rosalie. Election of officers was held and Paulette Riedel and Sue Alberts were elected as co-moderators. An extensive search was conducted to recruit a co-moderator to work with Paulette, but to no avail, so alas, PW is stuck with me again. Unfortunately our group continues to shrink in numbers, but so far we are able to survive.

Our church will not be delivering Meals on Wheels in December, but we are scheduled for January 4 – 8, 2022, so as always if you are interested in helping with this please contact Sharon Law at 507-775-6643. Again, many thanks to Sharon and all who help in delivering these meals.

GOOD NEWS!!! Carol Prenzlowl is home at last! She is still in need of our prayers and good thoughts as she continues with her healing process. Ruth Allen also is in need of our prayers and well wishes as she recovers at home from a broken hip. As always our many prayers are needed for our health care workers, all in military service to our country, all public servants, government officials, emergency workers and clergy, may God bless and watch over all.

THE MIRACLE

Asleep in the stable lie the small lambs, Nestled warm in the straw with the ewes and rams;
The ox dozes over his manger of hay, And the sleeping calf dreams of meadows far away.
But here comes their master! The animals awake
And shake sleep from their eyes, this sight to partake;
For in walks a Woman, heavy with child, Weary from wandering, yet at them she smiles.
The innkeeper leaves his lantern and goes And one by one, shyly, each lamb arose
To watch, to see a Miracle start; Something warm grows in each animal's heart.
A child is born! The ox leaves his manger to give room for
the Babe;
He sleeps safe from danger; Guarded by horns, now gentle,
in the dim
Of the stable, in the barn of the inn.
The smallest of the lambs, so tiny and meek raises his head
– is it to speak?
The ox feels it too, even the mice stir, Doves rustle on the
rafters with a soft whir.
Each gentle beast there feels that Divine Love,



From the tiny crouched mouse
To the high perched dove, And of one accord they begin to sing
In cherubic voices – such a wondrous thing!”
“Glory to God in the Highest!” they say “All praise be to Him who was born on this day.”
Bless that King who was so humble He was able to be born among animals
In a Bethlehem stable.
Annie Glancy Chase

And there were in the same country shepherds abiding in the field, keeping watch over their flock by night.
And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them; and they were sore afraid.

And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Saviour, which is Christ the Lord, and this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger.

And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, Glory to God in the highest, and on earth peace, good will toward men.

Luke 2:8-14

Warmest wishes for a blessed, joyous, and merry Christmas to each and everyone of you. May you all enjoy the blessings of family and friends during this most blessed of all holiday seasons.

Sue and Carol, PW co-chairs



*The Worship Committee is again getting ready for the 2021 Poinsettia Memorial Garden, the plants will be in the sanctuary from Dec. 12-24, and may be taken home following the Christmas Eve service. They are purchased locally from Houston's Greenhouse and our cost is \$11 this year. Please write your name on an envelope provided on the board by the kitchen for your CASH payment when you sign up, and place it in the larger manila envelope.



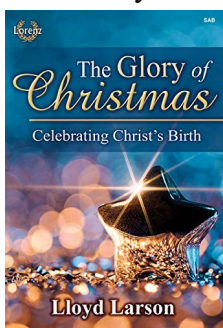
Blue Christmas Service - Sunday, December 12 at 4:00 PM

For those of us are experiencing loneliness, sadness, and loss - the Christmas season can be difficult. We often feel singled out by the programmed happiness of “the most wonderful time of year.” But we are not alone. If you or a loved one is experiencing stress, sadness, or loss we invite you to our Blue Christmas Service. Come as you are and experience the hope in Jesus' birth. All are welcome!

Christmas Caroling - Sunday, December 12 at 5:30 PM

The best way to spread Christmas cheer is singing loud for all to hear!
Come join us as we sing Christmas carols to church members. It will be a great time of fellowship and fun! Meet at the church at 5:30 PM and we will caravan to the different houses. Everyone welcome!

Contact Gayle Kaufeld with questions.



Christmas Eve Service

Friday, December 24 at 5:30 PM

The Senior Choir will offer the cantata, "The Glory of Christmas, Celebrating Christ's Birth" by Lloyd Larson during the 5:30 pm Christmas Eve service.

Bible Study

Zoom Bible Study December 2021

Zoom Bible Study will meet virtually on Zoom starting on Tuesday nights at 7pm.



Here's what we are studying in December:

Tuesday December at 7pm- Advent Bible Study- Faithful: Christmas Through the Eyes of Joseph-Whose Child is This?

In Session 2, we consider the ancestry of Jesus through Joseph, Joseph's righteousness, and God's call for us to offer mercy, grace, and forgiveness to others.

Tuesday December 14 at 7pm - Advent Bible Study- Faithful: Christmas Through the Eyes of Joseph-Raising A Child Not Your Own

In Session 3, Adam Hamilton makes the point that we experience joy when we accept God's call to reach out and serve others. Hamilton identifies three specific ways we may reach out in service that are based on the life of Joseph.

Tuesday December 21 at 7pm- Advent Bible Study- Faithful: Christmas Through the Eyes of Joseph- The Journey to Bethlehem

In Session 4, Adam Hamilton talks about what the journey from Nazareth to Bethlehem may have been like for Mary and Joseph, and the significance of the journey for Joseph and Mary, for Jesus, and for us.

No Bible Study on Tuesday December 28. See you in 2022!



The season of Thanksgiving is upon us, so is the stress of the holidays and an ongoing pandemic. Giving thanks or feeling grateful can have health benefits, especially when done on a regular basis. When we feel grateful, our body calms and we feel more at peace. Practicing gratitude daily has been shown to significantly increase happiness, improve sleep, boost immunity, and decrease the risk of disease. Here are a few ideas to incorporate gratitude into your daily life. You can keep a gratitude journal, every day writing a few quick notes. This could be something funny your child or grandchild did, a kind gesture of a stranger at the store, or any positive thought. You can use gratitude cues, such as using photos

of things or people that make you happy or posting inspirational quotes on your fridge or by your computer where you would see them. You could make a gratitude jar, asking family members to write on a piece of paper one thing they are grateful for every day and drop it in the jar, you could try to make this funny. You can also try thinking of something or someone you are grateful for every night before you go to sleep or when you wake up. Using meditation or mindfulness can also be helpful. Some mindfulness exercises include paying attention to the environment with all of your senses, focusing on your breathing, living in the moment, and treating yourself the way you would treat a good friend.

Romans 15:13 May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

Wishing you all a holiday season full of peace and good health.

Amanda Frodermann, RN

<https://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/improve-health-practice-gratitude/art-20270841>

<https://www.mayoclinic.org/healthy-lifestyle/consumer-health/in-depth/mindfulness-exercises/art-20046356>



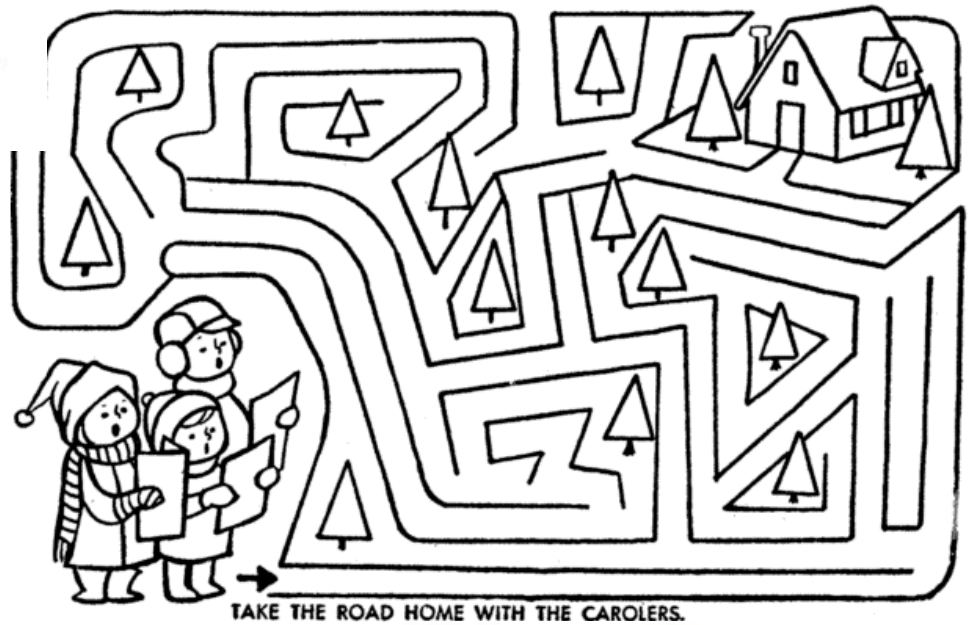
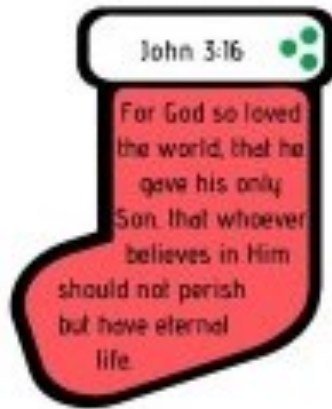
Have a Blessed
Holiday Season.



Christmas at Our Church



CHRISTMAS BIBLE VERSES



DECEMBER KID'S PAGE



Nativity Word Search

NATIVITY	NIGHT
CHRISTMAS	SHEEP
MANGER	MOTHER
DONKEY	GIFT
STABLE	
DECEMBER	
ANGEL	
SHEPHERD	
BABY	
STAR	



I	O	I	D	O	N	K	E	Y	S
M	N	A	T	I	V	I	T	Y	H
V	V	N	I	G	H	T	D	T	E
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G	I	F	T	S	T	A	B	L	E
C	H	R	I	S	T	M	A	S	R
G	T	A	A	N	G	E	L	S	D
S	T	A	R	S	H	E	E	P	D
B	A	B	Y	M	O	T	H	E	R



Notes:

Annual Reports are needed to be turned in by December 22nd. Thanks!